



Dr Danielle Delaney FRACS (Urol)

Adult and Paediatric Urological Surgeon

Provider number: 231152VL

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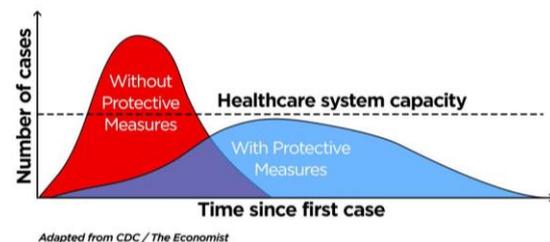
Coronavirus Information and Advice

We urge you to read the following advice.

What is Coronavirus (COVID-19)?

Coronavirus is a respiratory illness caused by the virus COVID-19. COVID-19 can range from mild respiratory symptoms (fever, cough, shortness of breath), to more severe respiratory symptoms (pneumonia). The virus is most likely spread from person-to-person through droplet transmission: This can include direct close contact with infected persons, with or without apparent symptoms, and even touching contaminated surfaces and then touching your mouth or face.

It is **essential** that we try limit the spread of Coronavirus so that our medical system can cope with an influx of patients and so we can “flatten the curve.”



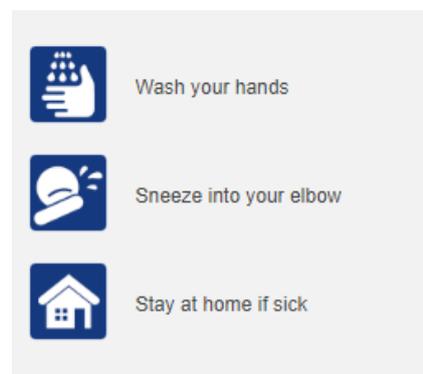
Social Distancing

Social distancing is an effective way for any member of the public to try to limit the spread of COVID-19 by reducing contact between you and other people. This includes staying at home when you are unwell, keeping a distance of 1.5m between you and other people whenever possible. It is important to minimise physical contact with vulnerable members of the community: Elderly; mothers pregnant or with a child under the age of 12 months; people with chronic health conditions (Diabetes, asthma, heart disease, stroke, hypertension (high blood pressure), COPD etc)

Basic Hygiene

Practising good hygiene is the best defence against most viruses:

- Wash your hands often with soap and water (soap products are more effective than alcohol based hand sanitizers).
- Use a tissue or your elbow to cover your mouth when you cough or sneeze.
- Avoid close contact with others and stay at home if sick.





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Appointments with Dr Delaney and Dr Roy

We encourage everyone to consider conducting appointments via Telehealth:

- We urge you to read our document ***Coronavirus Telehealth Services***.
- If you wish to pursue Telehealth options, contact us via email at reception@drdanielledelaney.com.au or call us on 9820 1161.
- Additionally, if you are experiencing any COVID-19 symptoms, we counsel you to seek health advice from your GP or by calling Healthdirect on **1800 022 222**.

Safety Measures at Dr Delaney's Rooms

If you need to attend your appointment in person, to exercise social-distancing and basic hygiene at Dr Delaney's rooms, we ask that:

- You read and complete the attached *Coronavirus Screening Form*, email it to this address (photo or scanned).
- You read the information on the door before entering.
- The number of patients in the waiting room be kept at a maximum of 4.
- Anyone not essential to the waiting room wait elsewhere (car, outside).
- You sanitise your hands upon entry.
- All payments be made on card.

Quarantine Recommendations

NSW Health guidelines recommend that you self-isolate for 14 days if:

- You have returned from *any* international destination within the last 14 days.
- You have been in contact with a person with confirmed COVID-19 while infectious.
- You are experiencing any of the symptoms of COVID-19: Fever OR an acute respiratory infection, cough, sore throat, fatigue and shortness of breath, with or without fever.

As information is changing daily if you need further advice and information please visit the Australian Government Department of Health (www.health.gov.au) or NSW Health website (www.health.nsw.gov.au).